

ISSUE 106 FEBRUARY 2025



- Make Income Great Again: Lessons for Building Resilient Dividend Portfolios in Australia
- Millennials and the Housing Dream: Challenges, Solutions, and the Future of Home Ownership
- The Super Paradox: Balancing Frugality and Fulfilment in Retirement
- Q&A: Ask a Question

BY WEALTH ADVISER

Introduction: The Appeal and Challenges of Dividend Investing in Australia

In the realm of investment strategies, dividend investing has long held a special place in the hearts of Australian investors. The allure of regular income, coupled with the unique advantages of Australia's franking credit system, has made dividend-focused portfolios a cornerstone of many investment approaches. As noted in a recent article, "The chase for vield has been a dominant theme in investment markets since the Global Financial Crisis (GFC)" (Firstlinks, 2023a). This pursuit of yield, often encapsulated in the catchy phrase "Make Income Great Again" (MIGA), reflects a broader desire among investors to secure stable, growing income streams in an era of economic uncertainty.

However, the path to successful dividend investing is not without its challenges. The Australian market's unique characteristics, including its high dividend payout ratios and concentration in certain sectors, present both opportunities and risks for income-seeking

BEFORE YOU GET STARTED

This Wealth Adviser publication is published by Wealth Today Pty Ltd (AFSL 340289), Sentry Advice Pty Ltd (AFSL 227748), Synchron Advice Pty Ltd (AFSL 243313) and Millennium3 Financial Services Pty Ltd (AFSL 244252) and contains general and factual information only.

Before acting on any information contained herein you should consider if it is suitable for you. You should also consider consulting a suitably qualified financial, tax and/or legal adviser.

Information in this document is no substitute for professional financial

We encourage you to seek professional financial advice before making any investment or financial decisions.

In any circumstance, before investing in any financial product you should obtain and read a Product Disclosure Statement and consider whether it is appropriate for your objectives, situation and needs.



Australia's dividend culture is distinct from many other developed markets, characterised by generally higher payout ratios and the added benefit of franking credits.

investors. As we navigate through an environment of fluctuating interest rates and economic pressures, it becomes crucial to understand the nuances of dividend investing and develop strategies that can withstand market volatility while delivering sustainable income.

This article aims to explore the intricacies of building resilient dividend portfolios in the Australian context. We'll delve into the unique aspects of the Australian dividend landscape, examine strategies for maximising dividend income, address the risks inherent in high-yield environments, and provide insights on constructing portfolios that can deliver both income and growth over the long term.

Understanding the Australian Dividend Landscape

Australia's dividend culture is distinct from many other developed markets, characterised by generally higher payout ratios and the added benefit of franking credits. As highlighted in a Firstlinks article, "Australia has one of the highest dividend payout ratios in the world" (Firstlinks, 2023a). This high payout culture has been shaped by a combination of factors, including the country's tax system, investor preferences, and the structure of the Australian economy.

The Franking Credit System

Central to understanding Australia's dividend landscape is the franking credit system. Introduced in 1987, this system aims to eliminate the double taxation of corporate profits. When a company pays tax on its profits and then distributes dividends to shareholders, it can attach franking credits to these dividends. These credits represent the tax already paid by the company and can be used by shareholders to offset their personal tax liabilities or, in some cases, receive a tax refund (Australian Taxation Office, 2023).

The franking credit system has had a profound impact on investor behaviour and corporate dividend policies in Australia. It has incentivised companies to maintain high payout ratios and encouraged investors, particularly retirees and self-managed superannuation funds, to favour high-dividend stocks.

Historical Context and Market Structure

The Australian stock market's composition also plays a significant role in shaping its dividend characteristics. The

market is heavily weighted towards sectors that traditionally pay high dividends, such as financials (particularly banks) and resources. According to the ASX, as of 2023, these two sectors combined account for over 50% of the S&P/ASX 200 index by market capitalisation (ASX, 2023).

This concentration has historically provided a steady stream of dividends for investors but also exposes them to sector-specific risks. As noted in "The challenges with building a dividend portfolio," this concentration can lead to a "dividend trap" where investors may be overly exposed to a limited number of sectors or companies in pursuit of high yields (Firstlinks, 2023d).

Changing Dynamics

While Australia's dividend culture remains strong, it's important to recognise that the landscape is not static. Factors such as changing global economic conditions, regulatory pressures, and evolving corporate strategies are influencing dividend policies. For instance, the COVID-19 pandemic led to significant dividend cuts across various sectors, highlighting the potential volatility of dividend income even in a high-payout market (Reserve Bank of Australia, 2021).

Understanding these unique aspects of the Australian dividend landscape is crucial for investors looking to build resilient income portfolios. It sets the stage for developing strategies that can capitalise on the benefits of Australia's dividend-friendly environment while mitigating the associated risks.

Strategies for Maximising Dividend Income

With a clear understanding of the Australian dividend landscape, we can now explore strategies for maximising dividend income. The goal is not simply to chase the highest yields but to create a sustainable and growing income stream over time.

Focus on Sustainable Dividends

One of the most crucial strategies for long-term success in dividend investing is to focus on companies that can sustainably grow their dividends over time. As stated in "The two best ways to maximise dividend income," "The first way to maximise dividend income is to invest in companies that can sustainably grow their dividends over time" (Firstlinks, 2023c).



This approach requires looking beyond current yield figures and examining factors such as:

- 1. Payout Ratio: A sustainable payout ratio typically falls between 40% and 60% of earnings, although this can vary by industry (Morningstar, 2023).
- 2. Earnings Growth: Companies with consistent earnings growth are more likely to maintain and increase their dividends over time.
- 3. Free Cash Flow: Strong free cash flow generation provides companies with the flexibility to pay and grow dividends.
- 4. Competitive Position: Companies with strong market positions and economic moats are better positioned to maintain profitability and dividend payments.

Diversification

While the Australian market offers attractive dividend opportunities, over-concentration in high-yield sectors can expose investors to significant risks. Diversification across sectors, company sizes, and even geographies can help mitigate these risks while still providing attractive income.

As noted in "The challenges with building a dividend portfolio," "Diversification is key to reducing risk in any investment portfolio, and this is especially true for dividend portfolios" (Firstlinks, 2023d). This might involve:

- 1. Sector Diversification: Looking beyond traditional highyield sectors like financials and resources.
- 2. Geographic Diversification: Considering international dividend-paying stocks or global dividend ETFs to reduce country-specific risks.
- 3. Company Size Diversification: Including a mix of large, mid, and small-cap dividend payers to balance stability with growth potential.

Consider Total Return

While income is a primary focus for dividend investors, it's crucial not to overlook the importance of capital growth. As highlighted in the MIGA article, "A focus on total return, which includes both income and capital growth, is likely to produce better long-term results than chasing yield alone" (Firstlinks, 2023b).

This balanced approach might involve:

- 1. Reinvesting Dividends: Particularly in the accumulation phase, reinvesting dividends can significantly boost long-term returns through the power of compounding.
- 2. Balancing High-Yield and Dividend Growth Stocks: Combining stocks with high current yields with those that have lower yields but higher dividend growth rates.
- Considering Capital-Efficient Dividend Alternatives: As suggested in the MIGA article, strategies like buy-write funds can generate income through option premiums while maintaining exposure to capital growth.

Utilise Dividend Reinvestment Plans (DRPs)

Many Australian companies offer Dividend Reinvestment Plans, which allow investors to reinvest their dividends in additional shares, often at a discount to the market price. DRPs can be an effective way to compound returns over time, especially for long-term investors who don't require immediate income (ASX, 2023).

Stay Informed and Adaptable

The dividend landscape is not static, and successful income investors need to stay informed about changes in company fundamentals, sector dynamics, and broader economic trends. Regularly reviewing and rebalancing your portfolio ensures it remains aligned with your income goals and risk tolerance.

By implementing these strategies, investors can work towards maximising their dividend income while building a resilient portfolio capable of weathering various market conditions.

Navigating Risks in High-Yield Environments

While the pursuit of high dividend yields can be attractive, it's crucial for investors to be aware of the potential pitfalls in high-yield environments. As noted in "Australia: Why the chase for even higher dividend yields," the quest for yield can sometimes lead investors into treacherous territory (Firstlinks, 2023a).

Yield Traps

One of the most significant risks in dividend investing is falling into "yield traps." These are situations where a stock appears attractive due to its high dividend yield, but the yield is unsustainable or masks underlying problems with the company. As pointed out in "The challenges with building a dividend portfolio," "High yields can sometimes be a sign of distress rather than financial strength" (Firstlinks, 2023d).

To avoid yield traps, investors should:

- 1. Scrutinise Payout Ratios: Extremely high payout ratios may indicate that the dividend is unsustainable.
- 2. Analyse Cash Flows: Ensure the company generates sufficient free cash flow to cover dividend payments.
- 3. Examine Debt Levels: High debt can put pressure on a company's ability to maintain dividends.
- 4. Consider Dividend History: Look for companies with a track record of maintaining or growing dividends through various economic cycles.

Sector Concentration Risks

The Australian market's high concentration in certain sectors, particularly financials and resources, can lead to overexposure for dividend-focused investors. This



Creating a dividend portfolio that can withstand market volatility while delivering consistent income requires a thoughtful, forward-looking approach.

concentration can amplify portfolio volatility and increase vulnerability to sector-specific downturns.

To mitigate sector concentration risks:

- 1. Diversify Across Sectors: Seek dividend opportunities in less traditional sectors such as healthcare, technology, or consumer staples.
- 2. Consider Global Dividend Stocks: International diversification can reduce exposure to Australia-specific risks.
- 3. Use ETFs or Managed Funds: These can provide instant diversification across sectors and companies.

Impact of Economic Cycles

Dividend payments are not immune to economic cycles. During economic downturns, companies may reduce or suspend dividends to conserve cash. The COVID-19 pandemic provided a stark reminder of this reality, with many companies cutting dividends in response to economic uncertainty (Reserve Bank of Australia, 2021).

To build resilience against economic cycles:

- Focus on Companies with Strong Balance Sheets: These are more likely to maintain dividends during tough times
- Diversify Across Defensive and Cyclical Sectors: This can provide some cushioning during various economic conditions.
- 3. Maintain a Long-Term Perspective: Short-term dividend cuts don't necessarily indicate long-term dividend potential.

Interest Rate Sensitivity

Dividend-paying stocks, particularly those in sectors like utilities and real estate, can be sensitive to interest rate changes. Rising interest rates can make fixed-income investments more attractive relative to dividend stocks, potentially leading to price declines.

To manage interest rate risk:

- Balance High-Yield and Dividend Growth Stocks: Dividend growth stocks may be less sensitive to interest rate changes.
- 2. Consider Floating Rate Investments: These can provide some hedge against rising rates.
- Stay Informed on Monetary Policy: Understanding the interest rate environment can help in making informed investment decisions.

Regulatory and Tax Risks

Changes in regulations or tax policies can significantly impact dividend investing strategies. For instance, potential

changes to franking credit policies could alter the attractiveness of certain dividend-paying stocks.

To address regulatory and tax risks:

- 1. Stay Informed on Policy Discussions: Keep abreast of potential changes that could affect dividend investing.
- 2. Consult with Tax Professionals: Ensure your dividend strategy aligns with your overall tax situation.
- 3. Maintain Flexibility in Your Strategy: Be prepared to adapt your approach in response to significant policy changes.

By being aware of these risks and implementing strategies to mitigate them, investors can build more resilient dividend portfolios capable of delivering sustainable income over the long term.

Building a Resilient Dividend Portfolio for the Future

Creating a dividend portfolio that can withstand market volatility while delivering consistent income requires a thoughtful, forward-looking approach. By combining insights from various strategies and considering potential future challenges, investors can build portfolios that are both income-generating and resilient.

Balancing Growth and Income

A key principle in building a resilient dividend portfolio is striking the right balance between current income and future growth potential. As highlighted in the MIGA article, "A focus on total return, which includes both income and capital growth, is likely to produce better long-term results than chasing yield alone" (Firstlinks, 2023b).

To achieve this balance:

- Combine High-Yield and Dividend Growth Stocks: Include a mix of stocks that provide high current yields and those with lower yields but higher dividend growth rates.
- 2. Consider Reinvesting Dividends: Especially for investors who don't need immediate income, reinvesting dividends can significantly boost long-term returns.
- Look for Companies with Sustainable Payout Ratios:
 Firms paying out a reasonable portion of earnings as dividends have more room for future dividend growth.

Diversification Across Multiple Dimensions

Diversification remains a cornerstone of resilient portfolio construction. In the context of dividend investing, this means diversifying not just across companies, but across various dimensions:



- 1. Sector Diversification: Spread investments across different sectors to reduce concentration risk.
- 2. Geographic Diversification: Consider international dividend-paying stocks or global dividend ETFs to mitigate country-specific risks.
- 3. Factor Diversification: Include a mix of value, quality, and growth factors in your dividend strategy.
- 4. Size Diversification: Don't overlook smaller companies with strong dividend growth potential.

Adapting to Changing Market Conditions

A resilient portfolio must be adaptable to evolving market conditions. This involves:

- Regular Portfolio Reviews: Periodically reassess your holdings to ensure they still meet your income and growth objectives.
- Staying Informed: Keep abreast of economic trends, company fundamentals, and sector dynamics that could impact dividend payments.
- 3. Being Prepared to Rotate: Be willing to shift allocations as market conditions change, moving between defensive and cyclical dividend payers as appropriate.

Incorporating Alternative Income Strategies

To enhance portfolio resilience, consider incorporating alternative income strategies alongside traditional dividend stocks:

- Buy-Write Strategies: As mentioned in the MIGA article, buy-write funds can generate income through option premiums while maintaining exposure to capital growth (Firstlinks, 2023b).
- Real Estate Investment Trusts (REITs): These can provide exposure to property markets and often offer attractive yields.
- 3. Infrastructure Funds: These can offer stable, inflation-linked income streams.

Focusing on Quality and Sustainability

In building a resilient dividend portfolio, the quality of the underlying companies is paramount. Look for:

- Strong Balance Sheets: Companies with low debt levels and strong cash flows are better positioned to maintain dividends during economic downturns.
- 2. Competitive Advantages: Firms with strong market positions or unique assets are more likely to sustain profitability and dividend payments over time.
- 3. Management Commitment to Dividends: Companies with a history of prioritising shareholder returns through dividends are more likely to maintain this focus.

Long-Term Perspective

Perhaps most importantly, building a resilient dividend portfolio requires maintaining a long-term perspective. As noted in "The two best ways to maximise dividend income," "Patience is a virtue when it comes to dividend investing" (Firstlinks, 2023c). Short-term market fluctuations or temporary dividend cuts should not necessarily derail a well-constructed long-term strategy.

By focusing on these principles - balancing growth and income, diversifying across multiple dimensions, adapting to market changes, incorporating alternative strategies, emphasising quality, and maintaining a long-term view - investors can build dividend portfolios that are not only income-generating but also resilient in the face of market challenges.

In conclusion, the pursuit of making income great again in the Australian investment landscape requires a nuanced approach that goes beyond simply chasing the highest yields. By understanding the unique aspects of Australia's dividend culture, implementing strategies to maximise sustainable income, navigating the risks inherent in high-yield environments, and building portfolios with an eye towards future resilience, investors can position themselves to achieve their income goals while managing risk effectively.

As the investment landscape continues to evolve, so too must dividend strategies. By staying informed, remaining flexible, and focusing on long-term sustainability, investors can work towards building dividend portfolios that stand the test of time, providing both income and growth for years to come.

References

- 1. Firstlinks. (2023a). Australia: Why the chase for even higher dividend yields. Retrieved from https://www.firstlinks.com.au/australia-why-the-chase-for-even-higher-dividend-yields
- 2. Firstlinks. (2023b). MIGA: Make Income Great Again. Retrieved from https://www.firstlinks.com.au/miga-make-income-great-again
- 3. Firstlinks. (2023c). The two best ways to maximise dividend income. Retrieved from https://www.firstlinks.com.au/article/the-two-best-ways-to-maximise-dividend-income
- Firstlinks. (2023d). The challenges with building a dividend portfolio.
 Retrieved from https://www.firstlinks.com.au/article/the-challenges-with-building-a-dividend-portfolio
- Australian Taxation Office. (2023). Franking credits. Retrieved from https://www.ato.gov.au/individuals/investments-and-assets/investingin-shares/franking-credits/
- 6. ASX. (2023). S&P/ASX 200 Index.



BY WEALTH ADVISER

Introduction: The Millennial Housing Dilemma

The great Australian dream of home ownership has become increasingly elusive for millennials, sparking debates about affordability, policy effectiveness, and the future of the housing market. As noted in a Morningstar analysis, "The proportion of Australians aged 25-34 who own their own home has plummeted from 60% in 1981 to 45% in 2021" (Duffy, 2023). This stark decline underscores a growing crisis that threatens not only individual financial stability but also the broader social fabric of the nation.

The challenges facing millennial homebuyers are multifaceted, encompassing rapid house price growth, stagnant wages, and a policy landscape that often seems to favour established homeowners over new entrants to the market. As we delve into these issues, we'll explore the factors driving the housing crisis, evaluate current policy measures, and examine innovative solutions that could reshape the future of home ownership in Australia.

The Affordability Crunch: Factors Driving the Housing Crisis

The widening gap between house prices and wage growth lies at the heart of the affordability crisis. As Graham

Hand (2023) points out in his Firstlinks article, "House prices have risen much faster than wages for decades." This disparity has created a seemingly insurmountable barrier for many young Australians aspiring to enter the property market.

Low interest rates and easy credit conditions have played a significant role in fuelling house price growth. While these factors have made borrowing more accessible, they have also contributed to increased competition and inflated property values. As Duffy (2023) notes, "A long period of low interest rates and easy credit has seen house prices surge to levels that are out of reach for many young Australians."

Supply constraints have further exacerbated the affordability issue. Restrictive planning laws and zoning regulations have limited the availability of new housing stock, particularly in desirable urban areas. Hand (2023) argues that "We should remove restrictive planning laws... and allow more medium-density housing in the middle-ring suburbs of our major cities." This approach could help alleviate supply pressures and potentially moderate price growth.

Policy Landscape: Current Measures and Their Effectiveness

Existing policy measures aimed at assisting first home buyers have shown limited effectiveness in addressing the



broader affordability crisis. While schemes such as the First Home Loan Deposit Scheme provide some support, they often fall short of addressing the root causes of housing unaffordability.

The role of negative gearing and capital gains tax concessions in shaping the housing market remains a contentious issue. Critics argue that these policies disproportionately benefit investors and contribute to inflated property prices. As Hand (2023) suggests, "We should reduce the capital gains tax discount on investment properties from 50% to 25% to reduce the tax incentive to invest in residential property."

Stamp duty, a significant upfront cost for homebuyers, has been identified as a barrier to housing mobility and affordability. In a separate Firstlinks article, Graham Hand (2023) notes, "Stamp duty is widely considered by economists to be an inefficient tax that discourages people from moving to more suitable accommodation as their circumstances change." The potential replacement of stamp duty with a broad-based land tax has gained traction as a possible reform to improve housing market efficiency.

Innovative Solutions: Rethinking Housing Policy for the Future

Addressing the housing affordability crisis requires innovative thinking and a willingness to explore alternative models. Build-to-rent schemes, which involve the construction of purpose-built rental accommodation, have emerged as a potential solution to increase housing supply and provide more stable long-term rental options. As Hand (2023) suggests, "We should encourage build-to-rent by... allowing depreciation deductions for residential buildings to match the tax treatment of commercial property."

Shared equity schemes, where the government or private investors take a stake in the property alongside the homeowner, offer another avenue for increasing accessibility to home ownership. These models can help reduce the initial deposit required and lower ongoing mortgage costs for buyers.

Reforming planning laws and zoning regulations could significantly impact housing supply and affordability. Hand (2023) proposes "remov[ing] restrictive planning laws that prevent new developments" as a key step in addressing supply constraints. This approach could facilitate the development of more diverse housing options, particularly in established suburbs close to employment centres and amenities.

The proposal to replace stamp duty with a broad-based land tax has gained momentum as a potential reform to improve housing market efficiency. Hand (2023) notes that

"A gradual transition from stamp duty to land tax would improve the efficiency of the property market by removing the disincentive for people to move." Such a change could enhance housing mobility and potentially make it easier for first-time buyers to enter the market.

Conclusion: Charting a Path Forward for Millennial Home Ownership

The challenges facing millennial homebuyers in Australia are complex and deeply rooted in economic, social, and policy factors. Addressing these issues requires a multifaceted approach that combines short-term support measures with long-term structural reforms.

As we look to the future, it's clear that the traditional path to home ownership may need to evolve. Alternative models such as build-to-rent and shared equity schemes offer promising avenues for increasing housing accessibility. Meanwhile, policy reforms aimed at improving supply, reducing speculative investment, and enhancing market efficiency could help create a more balanced and sustainable housing market.

Ultimately, the goal should be to create a housing landscape that offers diverse, affordable options for all Australians, regardless of their life stage or circumstances. As Duffy (2023) concludes, "While the path to homeownership may be more challenging for millennials, it's not impossible." By embracing innovative solutions and committing to meaningful reform, Australia can work towards preserving the dream of home ownership for future generations while ensuring a stable and equitable housing market for all.

References:

- Duffy, E. (2023). Young and Invested: Can millennials afford to buy a house in Australia? Morningstar. https://www.morningstar.com. au/insights/personal-finance/261043/young-and-invested-can-millennials-afford-to-buy-a-house-in-australia
- Hand, G. (2023). 9 ways to fix Australia's housing crisis. Firstlinks.
 https://www.firstlinks.com.au/9-ways-to-fix-australia-s-housing-crisis
- Hand, G. (2023). What impact would scrapping stamp duty have on housing? Firstlinks. https://www.firstlinks.com.au/what-impact-wouldscrapping-stamp-duty-have-on-housing
- Australian Bureau of Statistics. (2022). Housing Occupancy and Costs. https://www.abs.gov.au/statistics/people/housing/housing-occupancy-and-costs/latest-release
- Reserve Bank of Australia. (2023). Financial Stability Review April 2023. https://www.rba.gov.au/publications/fsr/2023/apr/
- Productivity Commission. (2022). Housing and Homelessness Agreement Review. https://www.pc.gov.au/inquiries/completed/ housing-homelessness#report





The Super Paradox Balancing Frugality and Fulfilment in Retirement

BY WEALTH ADVISER

Introduction: The Superannuation Conundrum

Australia's superannuation system, designed to provide financial security in retirement, has created an unexpected paradox. Despite accumulating substantial nest eggs, many retirees are reluctant to spend their super balances. As Graham Hand notes in his article, "The evidence is that most retirees die with most of their wealth intact" (Hand, 2024). This phenomenon raises questions about the effectiveness of the superannuation system and the psychological barriers preventing retirees from fully enjoying their hard-earned savings.

The transition from the accumulation phase to the pension phase of superannuation marks a significant shift in financial strategy. However, this transition often proves

challenging for retirees who have spent decades focusing on saving rather than spending. The result is a generation of frugal retirees who, despite having the means to enjoy a comfortable retirement, continue to live modestly, sometimes to their own detriment.

The Psychology of Retirement Spending

The reluctance of retirees to spend their superannuation balances stems from a complex interplay of psychological factors. Hand's article sheds light on this phenomenon, stating, "They have an aversion to eating into capital, a desire to leave a bequest, and anxiety about possible future expenditures" (Hand, 2024). This frugality, often ingrained over a lifetime of saving, can be difficult to overcome.

Fear plays a significant role in this behaviour. Retirees worry about outliving their savings, facing unexpected



health costs, or being unable to leave an inheritance for their children. The unpredictability of market volatility and the uncertainty of longevity further compound these concerns. As Hand points out, "Running out of money is worse than dying" for many retirees, highlighting the deep-seated anxiety surrounding financial security in later life.

Moreover, the impact of major economic events, such as the Global Financial Crisis, has left lasting impressions on many retirees. The memory of market downturns and the potential for future crises contribute to a conservative approach to spending, even when current financial circumstances might allow for a more comfortable lifestyle.

Navigating the Transition to Pension Mode

The shift from accumulation to pension mode is a crucial step in retirement planning, yet it can be daunting for many. Jon Kalkman's article provides valuable insights into this process, emphasizing the importance of understanding the mechanics of pension mode and its benefits.

Kalkman explains, "The pension account is like a bucket with a hole in the bottom. Each year, a minimum amount must flow out of the bucket" (Kalkman, 2024). This analogy helps visualize the concept of minimum drawdown requirements, a key aspect of pension mode that ensures retirees use their superannuation as intended.

The transition to pension mode offers several advantages, including tax benefits and potentially higher returns. As Kalkman notes, "In pension mode, all income and capital gains are tax-free to the fund" (Kalkman, 2024). This tax-free status can significantly enhance the longevity of retirement savings and provide more financial flexibility for retirees.

However, the transition also requires careful consideration of various factors, such as the timing of the switch, the impact on Age Pension eligibility, and the management of multiple super accounts. Kalkman advises, "If you have more than one super account, you don't need to start a pension from all your accounts at once" (Kalkman, 2024), highlighting the flexibility available in structuring retirement income streams.

Strategies for Balancing Preservation and **Enjoyment**

Finding the right balance between preserving wealth and enjoying retirement requires a thoughtful approach. Hand

suggests several strategies to help retirees overcome their reluctance to spend:

- 1. Budgeting for enjoyment: Allocating a specific portion of savings for discretionary spending can help retirees feel more comfortable with the idea of using their super for personal enjoyment.
- 2. Understanding true financial position: Many retirees underestimate their wealth, particularly when considering the value of their home. As Hand notes, "There's \$9 trillion in Aussie homes and most retirees have a large proportion of their wealth in their house" (Hand, 2024).
- 3. Considering downsizing: Unlocking home equity through downsizing can provide additional funds for retirement

The

superannuation

paradox presents

both challenges

and opportunities

for Australian

retirees. While

the instinct to

preserve wealth is

understandable.

it's crucial to

remember that

superannuation

is ultimately

meant to fund

a comfortable

retirement.

spending while potentially reducing ongoing costs.

Seeking professional advice: Financial advisers can provide personalized strategies and help retirees gain confidence in their spending decisions.

insights, particularly regarding investment strategies in pension mode. He emphasizes the importance of maintaining a diversified portfolio, stating, "In retirement, you need a mix of defensive assets for security and growth assets for longevity" (Kalkman, 2024). This balanced approach can help mitigate risks while still providing opportunities for growth.

Additionally, understanding the tax implications of different withdrawal strategies can help retirees optimize their income streams. Kalkman explains, "If you are under 60 and have a taxable component in your super, you may choose to delay starting a pension until you turn 60" (Kalkman, 2024), highlighting the potential for tax savings through strategic timing.

Kalkman's article offers complementary

Conclusion: Embracing a Fulfilling Retirement

The superannuation paradox presents both challenges and opportunities for Australian retirees. While the instinct to preserve wealth is understandable, it's crucial to remember that superannuation is ultimately meant to fund a comfortable retirement. As Hand aptly puts it, "Spending in retirement should be about finding a sensible compromise between dying with nothing versus leaving a large estate" (Hand, 2024).

Balancing frugality and fulfilment in retirement requires a personalized approach that considers individual circumstances, goals, and risk tolerances. By understanding the psychological barriers to spending, navigating the transition



to pension mode effectively, and implementing thoughtful strategies for wealth management, retirees can work towards a more satisfying and financially secure retirement.

Ultimately, the key to resolving the super paradox lies in education, planning, and sometimes, a shift in mindset. Retirees should feel empowered to enjoy the fruits of their labour while maintaining a prudent approach to financial management. As both Hand and Kalkman emphasize in their articles, seeking professional advice can be invaluable in crafting a retirement strategy that balances preservation and enjoyment.

By addressing the super paradox head-on, Australian retirees can move towards a future where superannuation truly fulfils its purpose - providing financial security and enabling a rewarding retirement lifestyle.

References:

- 1. Hand, G. (2024). So, we are not spending our super balances. So what? Firstlinks. https://www.firstlinks.com.au/article/so--we-are-not-spending-our-super-balances--so-what
- 2. Kalkman, J. (2024). How to shift into pension mode. Firstlinks. https://www.firstlinks.com.au/article/how-to-shift-into-pension-mode
- 3. Australian Taxation Office. (2024). Transition to retirement. https://www.ato.gov.au/individuals/super/in-detail/withdrawing-and-using-your-super/transition-to-retirement/
- 4. Productivity Commission. (2023). Superannuation: Assessing Efficiency and Competitiveness. https://www.pc.gov.au/inquiries/completed/superannuation/assessment/report
- 5. ASIC's MoneySmart. (2024). Retirement income planning. https://moneysmart.gov.au/retirement-income-planning



QA: Ask a Question

Question 1:

I noticed on my ATO portal I have unused concessional contributions from previous years. Can I use them now to boost my super?

If you have unused concessional contribution cap space from previous years, you may be able to take advantage of the carry-forward rule. This rule allows individuals with a total super balance of less than \$500,000 at the previous 30 June to use any unused cap amounts from the past five financial years. This can be particularly useful if you have a higher taxable income in a particular year, as making additional concessional contributions can help reduce your tax bill while growing your retirement savings. It can also be beneficial for those who have returned to work after a break or received a financial windfall and want to maximise their super contributions.

It's essential to ensure you stay within your available cap to avoid excess contribution penalties. Understanding how much you can contribute and whether contributing to super aligns with your financial goals is crucial.

A financial adviser can assist in assessing your eligibility and determining if this strategy is appropriate for your situation.

Question 2:

I saw on the news that they just cut interest rates. How does this impact me?

A rate cut by the Reserve Bank of Australia (RBA) can have different implications depending on your financial situation. If you have a mortgage or other variable-rate debt, a reduction in interest rates may lower your repayments, improving your cash flow and allowing you to pay down debt faster or redirect funds to other financial goals.

If you rely on savings or term deposits, lower rates can reduce your interest earnings, potentially affecting your retirement income or short-term savings strategies. Typically, lower interest rates can also influence financial markets, often driving up asset prices as borrowing becomes cheaper. This may benefit investors in shares and property, but it could also mean lower returns on conservative investments such as bonds and cash.

Understanding how these changes impact your overall financial strategy is important, and speaking with a financial adviser can help you determine whether adjustments are needed.

Question 3:

I'm approaching retirement but still have a mortgage on my home. Should I use my excess cash or super to pay it off?

Deciding whether to use your super to pay off your mortgage depends on several factors, including your retirement plans, cash flow needs, and investment strategy.

Clearing your mortgage with super can provide financial peace of mind and reduce ongoing interest costs, especially if your home loan is not tax-deductible. However, withdrawing a significant portion of your super could leave you with less capital to generate income in retirement, particularly if the funds left in super would have earned a higher return than your mortgage interest rate. It's also important to consider how this decision may impact your eligibility for the Age Pension or other government benefits, as the value of your home is exempt from asset testing, while remaining super may not be. If you have other assets or income streams, keeping some funds invested may provide greater long-term security.

A financial adviser can help assess the best approach based on your individual circumstances.

If you have a question that you would like to see answered in **Wealth Adviser**, please send it through to **centraladvice@wtfglimited.com**.